

#### **Registration Information**

#### SUGAR LAND PARKS AND RECREATION

Registration fees may be paid in person or by telephone with MasterCard or Visa by calling 281-275-2885. To pay in person with MasterCard, Visa, checks or cash, come to the Sugar Land Parks and Recreation office at 200 Matlage Way, Monday through Friday from 8 a.m. to 6 p.m. For refunds, call 281-275-2885. A minimum \$30 fee is assessed on all returned checks. Sugar Lands Parks and Recreation reserves the right to cancel, combine or change the time, date or location of any program.

#### FIRST COLONY COMMUNITY ASSOCIATION

The City of Sugar Land and First Colony Community Association have a long-standing partnership of providing additional recreation opportunities to Sugar Land residents. For information on these classes, see pages 12 and 15. To register for FCCA classes or for additional information, call 281-634-9555.



#### **Our Pledge To You**

The Sugar Land Parks and Recreation Department provides programs and activities accessible to citizens with special needs. Those requiring assistance should notify our office at the time of registration or 72 hours prior to the activity.

#### **CITY COUNCIL**

David Wallace — Mayor Cyril Hosley — Mayor Pro Tem Daniel Wong Thomas Abraham Michael Schiff Russell Jones Dennis Parmer

#### **CITY MANAGEMENT**

Allen Bogard
City Manager
David Ellison
Paul A. Hofmann
Assistant City Managers

#### PARKS & RECREATION ADVISORY BOARD

Suehing Woo Yee Chiang — Chair Arnold Arevalo, Charles Han, Tom Gargiulo, Mike Gibson, Mike McGrath

#### PARKS & RECREATION STAFF

Karl Miller

Parks & Recreation Director

Joe Chesser

Parks & Recreation Assistant Director

Chris Mobley Recreation Manager

Mike Goodrum Parks Administrative Manager

Erle Gooding

Parks Superintendent

Ruth Herridge Pat Bartling Administrative Secretaries

Kelly Penewitt
Andy Peal
Recreation Coordinators

Trang Nguyen
Facility Reservationist

Richard DeLaRosa

Parks Maintenance Foreman

Jeff Caudill Joe Rosiliez Ruben Ramirez Eddie Sanders *Maintenance Crew* 

#### CITY PARK COMMUNITY CENTER

225 Seventh Street



Choose one of these beautiful settings for weddings, receptions, birthday parties, family reunions, business conferences, showers, banquets and meetings.



This meeting room provides a wonderful setting for smaller groups of up to 40 people. Large windows, a wet bar with a sink and microwave and restrooms provide a pleasant spot for more intimate gatherings. Located at City Park, this area offers a convenient location.

#### DUHACSEK PARK COMMUNITY CENTER

17034 Old Richmond Road



Duhacsek Park is graced by a home that accommodates up to 40 people. It has a full-sized kitchen, small dining room, living room and restrooms. There is also a won-derful picket-fenced yard surrounded by 50 acres of property filled with mature live oak and pecan trees.

#### ELDRIDGE COMMUNITY CENTER

2511 Eldridge Road



This is a great setting for groups of up to 65 people, with a pavilion accommodating up to 100 more guests. Conveniently located adjacent to the playground, there is a small refrigerator, microwave and coffee bar inside. This site is superb for a wide variety of events.

#### FIRST COLONY CONFERENCE CENTER

3232 Austin Parkway



This facility is located in First Colony Park. With its vaulted cathedral ceiling, the center accommodates up to 125 people. It offers a unique venue for private parties, wedding receptions and dances. Other amenities include a wet bar, refrigerator and microwave oven.

#### LOST CREEK COMMUNITY CENTER

3703 Lost Creek Boulevard



Social and civic events of up to 50 people are perfect at this beautiful setting. Bordered by a heavily landscaped courtyard, the shaded pavilion accommodates up to 100 additional people. A large playground is perfect for children. An event held here makes an impression.

#### SUGAR LAND COMMUNITY CENTER

226 Matlage Way



This center includes several use options that are ideal for meetings, classes and conferences. The layout can accommodate up to 600 people in a banquet setting. The large lobby and patio area hold even more guests. A full kitchen makes this setting perfect for a wide variety of festive occasions.

#### OYSTER CREEK PARK AMPHITHEATER

4033 State Highway 6 South



This outdoor amphitheater is picture perfect, especially for weddings. The rippling creek, lush landscaping and gorgeous water feature create a magical setting. This location will ensure a day of fantastic memories. There is just no limit to the beauty this location provides for any outdoor event.

Check for availability by calling 281-275-2888, Monday through Friday, 8 a.m. to 6 p.m.

# Sugar Land Parks

#### **CITY PARK**

225 Seventh Street — 19.9 Acres Located at Wood and 7th Streets next to Sugar Land Middle School. Parking, Skatepark, Meeting Room, Pool, Five Lighted Baseball Fields, Four Lighted Tennis Courts, Playground, Sand Volleyball, Pavilion, Concession Stand

#### **COLONY BEND PARK**

2806 Planters Lane — 5 Acres Located next to Colony Bend Elementary School at Williams Trace and Austin Parkway. Two Pavilions, Two Playgrounds, Two Game Tables, Sand Volleyball, Park Benches, Drinking Fountains

#### COVINGTON WEST PARK

13944 Oakwood Lane — One-half Acre From Eldridge Road, take Greenway to Oakwood Lane. Parking, Pavilions, Playground, Half Court Basketball, Park Benches, Drinking Fountain

# on the trail.

OYSTER CREEK TRAIL
2.25 Miles
Access from Dulles Avenue, Lexington
Boulevard, Oyster Creek Park
and Lost Creek Park

HIKE & BIKE TRAIL 1.35 Miles Runs from Lonnie Green Park to Sugar Mill Park

COLONY GRANT TRAIL

1 Mile

Runs from Highway 6

to Austin Parkway

along Ditch C

WOODSTREAM TRAIL
1.33 miles
Runs along Ditch A
in Woodstream Subdivision

LESS THAN 1/2 MILE
City Park
Colony Bend Park
Eldridge Park
Highlands Park
Meadow Lake Park
Ron Slockett Memorial Park
Sugar Mill Park
Sugar Lakes Park

#### **DUHACSEK PARK**

17034 Old Richmond Road — 50 Acres This homestead is filled with huge handgrafted pecan trees. It holds the third largest pecan tree in Texas. This facility is available for use with groups of up to 40 people. For more details, call 281-275-2888.

#### ELDRIDGE PARK

2511 Eldridge Road — 43 Acres Located near the intersection of Eldridge Road and West Airport Boulevard. Parking, Meeting Room, Playground, Concession Stand, Pavilion, 10 Soccer Fields, Continuously Stocked Lake, Fishing Pier, Four-tenths Mile Trail, Restrooms

#### FIRST COLONY PARK

3232 Austin Parkway — 21.3 Acres Located between Williams Trace and Settlers Way near First Colony Middle School. Parking, Conference Center, Seven Lighted Baseball Fields, Two Unlighted Baseball Fields, Batting Cages, Two Concession Stands, Playground, Pavilion, Picnic Tables, Drinking Fountains

#### HIGHLANDS PARK

2018 Colonists Park — 5 Acres
Located next to Highlands Elementary
School near Edgewater Drive. Two Pavilions,
Three-tenths Mile Jogging Trail, Playground,
Sand Volleyball, Horseshoe Pits, Trail with
Four Exercise Stations

#### **IMPERIAL PARK**

7720 Highway 90 — 44 Acres Located behind the Sugar Land Community Center and the Sugar Land Parks and Recreation Department off of Highway 90. Parking, Meeting Rooms, Nine Softball Fields, Batting Cages, Drinking Fountains, Restrooms

#### LONNIE GREEN PARK

130 First Street — 2 Acres Located at the corner of First and Woods Streets across from Lakeview Elementary School. Serene Oyster Creek Setting, Playground, Park Benches, Drinking Fountains

#### LOST CREEK PARK

3703 Lost Creek Boulevard — 21 Acres Located at the end of Lost Creek Drive off of Settlers Way between Highway 6 and Lexington Boulevard. Parking, Large Covered Pavilion, Meeting Room, Concession Stand, New BMX Bike Track, Nine Soccer Fields, Playground, Walking Trail, Grills, Park Benches, Drinking Fountains, Restrooms

#### MACCO PARK

101 Gillingham — 7.2 Acres Gillingham is located between Eldridge Road and Industrial on the north side of Highway 90. Parking, Two Baseball Fields

#### MAYFIELD PARK

106 Avenue D - 1.5 Acres Located at the corner of Ulrich and Avenue D. Parking, Pavilion, Grills, Playground, Basketball Court, Sand Volleyball, Drinking Fountains

#### MEADOW LAKE PARK

1600 Great Oak Lane — 5.1 Acres Take First Colony Boulevard to Great Oak Lane. Parking, Covered Pavilion, Soccer Field, Baseball Field, Playground, Two Sand Volleyball Courts, Picnic Tables, Park Benches

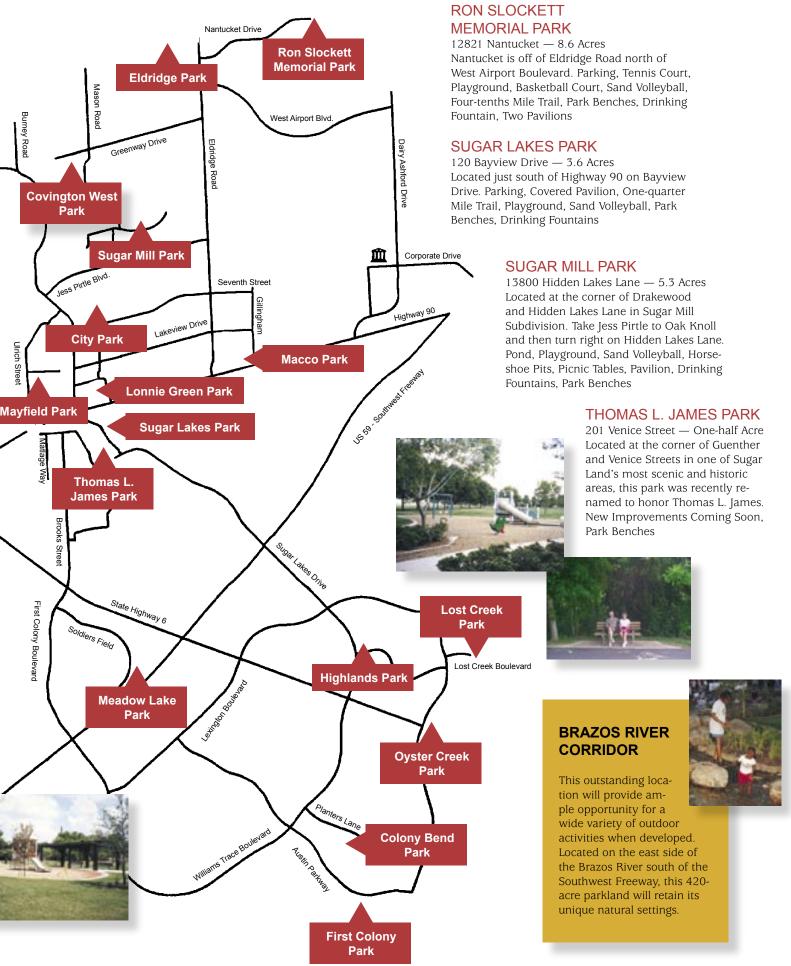
#### OYSTER CREEK PARK

4033 State Highway 6 South — 108 Acres Located on the east side of Highway 6 just south of Settlers Way. Parking, Scenic Water Feature, New Restroom Facilities, Park Benches, Performance Stage, Grills, Picnic Tables, Drinking Fountain, One-half Mile Trail Loop



**Imperial Park** 







## JUST FOR SENIORS

# Senior MONSTER MASH

OCT. 31 — 4 TO 7 P.M.
SUGAR LAND COMMUNITY CENTER

What a treat for Halloween — this event is lots of fun for seniors. Put on your best costume for the contest and dance to the big band sounds performed by Johnny Dyson and the Bank Notes Band. Each guest receives a keepsake photo and there are plenty of refreshments, door prizes and more.

Advance Tickets \$5 couple, \$3 single

Tickets at the Door \$8 couple, \$5 single

Advance tickets sold at the Parks and Recreation office during business hours.

Share your holiday

# Senior Holiday Gala

This annual event is the highlight of the senior social season at the Sugar Land Parks and Recreation Department. Guests enjoy a great luncheon, dancing or just enjoying the toe-tap-

ping big band sounds of Johnny Dyson and the Bank Notes Band and a visit with Santa. It's a great way to celebrate the holiday season with friends — so, make your reservations quickly. The event is free and guests are asked to bring non-perishable food items for local food banks. Reservations for Sugar Land residents can be made in person or by phone beginning Nov. 8 and non-residents can reserve a spot beginning Nov. 22. All reservations are due no later than Dec. 3.

Dec. 9 — Noon to 3 p.m. Sugar Land Community Center

# **FOOD DRIVE**

Dec. 8 — 7 a.m. to 7 p.m.

As preparations begin for the holidays, it's a great time to start packing up food items for donation to the annual Share Your Holiday Food Drive, where generous Sugar Land residents supply items for families in need. Bring canned goods, canned meats, dried beans and fruits, flour, rice, sugar, powdered and canned milk, baby formula and diapers and

other non-perishable food items.

Cash donations or checks made payable to the East Fort Bend

Human Needs Ministry are also accepted. More than decorating your home or baking cookies for Santa, this event will add

true meaning to your holiday season.

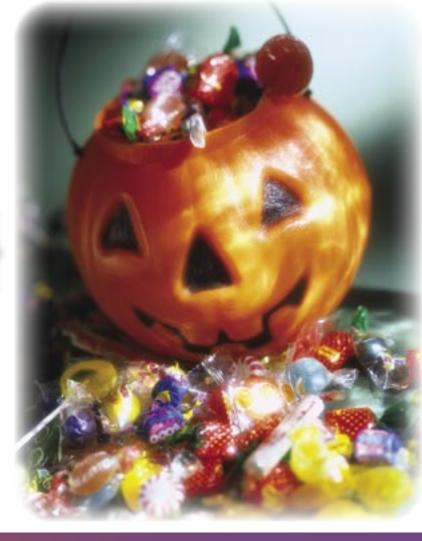
Sugar Land Community Center

Don't be scared to join this holiday fun — it's guaranteed to be a bewitching evening for the entire family. Take part in costume contests for all age groups — from newborn to seniors — and enjoy watching the goblins have a hauntingly good time as they run from one to the next of the varied activities and carnival-type booths. There's even a special area for toddlers. Entry and costume contest is free, and there is a nominal charge for games and refreshments.

# BOO BASH SUGAR LAND COMMUNITY CENTER

OCT. 30 — 5 TO 9 P.M.

Costume Contest begins at 5:30 p.m.



# Holiday in the Plaza

Sugar Land's Annual Holiday Lighting

Feel the holiday spirit come alive for the entire community as Sugar Land hosts its 2nd Annual Holiday Tree Lighting at Sugar Land Town Plaza. Be awed as thousands of twinkling lights bring the heart of Sugar Land to life in its holiday finery, hear beautiful music presented by the Fort Bend Boys Choir and enjoy the plentiful festivities that precede the holidays. Children will enjoy this opportunity to

visit Santa and have a photo made with him from 4 to 6:30 p.m.
This is one event you will not want to miss.



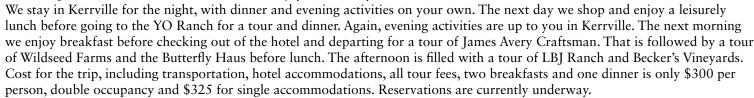
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#### **SEPTEMBER**

#### Texas Hill Country

Sept. 14 - 16

Enjoy three days in the beautiful Texas Hill Country. We depart from Sugar Land at 7 a.m. and tour Jardine Foods before lunch and then enjoy the serenity of the San Antonio Missions.



#### **OCTOBER**

#### TEXAS TREASURE CASINDO CRIDISTES

#### Texas Treasure

Oct. 6

What could be more fun than a Texas style casino? We travel to Port Aransas and board the Texas Treasure, where you enjoy casino action, fine dining and live entertainment as you cruise the Gulf of Mexico in the spacious luxury of a grand ocean liner. Texas Treasure passengers usually begin their bon voyage party by enjoying refreshments in one of the lounges and spoil themselves at the International Buffet, one of the best dining experiences. Served every cruise, the buffet offers a wide selection of mouth-watering specialties, including choices of meats, poultry, fresh seafood, garden fresh vegetables, salad bar and of course, temptingly rich desserts. More than 20 delectable selections are served daily. As the Texas Treasure motors away from Port Aransas, enjoy live entertainment in the showroom on the short journey to international waters. Approximately 55 minutes into your trip, the lavish casino with its sizzling-hot slots and more than 24 table games come alive. We depart at 6:30 a.m. Cost is \$35 and includes transportation, lunch and entry fees. Reservations begin Aug. 21 at 9 a.m.

#### **NOVEMBER**

#### Huntsville

Nov. 19

Huntsville is a beautiful old city brimming with history, and this is your chance to visit some of the most historical sites in the area. Enjoy a driving tour of the city, where you can see Sam Houston State University, a quaint and beautiful downtown square lined with shops and then visit the Sam Houston statue. Seen for miles before arriving, it is magnificent and as big as Texans boast about their hero. Tour

the Sam Houston Memorial Museum, where you can see two of the homes Sam Houston and his family inhabited while living in Huntsville. Visit the one-room schoolhouse and a museum with a collection of native American artifacts. We depart at 8 a.m. Cost is \$25 and includes transportation and entry fees. Lunch not included. Reservations begin Sept. 18 at 9 a.m.



#### **DECEMBER**

#### Gonzales

Dec. 17

Gonzales is a wonderful old Texas town chock-full of history. Discover why it is known for the saying "Come and take it," about how Texians stood against the Mexicans by responding to the call for help from the Alamo, and learn about the curse of the courthouse clock. The renovated court-

house and jail were built in 1894 of red brick and quarried limestone. There are 82 points of interest to see in Gonzales, including several cemeteries where Texian heros are buried. See the home where the lone survivors of the Alamo, Suzanna Dickinson and her small child, returned after leaving that fateful site. We depart at 7:30 a.m. Cost is \$32 and includes transportation and entry fees. Lunch is not included. Reservations begin Oct. 9 at 9 a.m.



# Sensational Seniors

Events, activities and programs for residents 50 years or older.

The Senior Center is located at 200 Matlage Way. All activities and times are subject to change.

# Lunch Bunch

#### San Marcos Nov. 10

Shop 'til you drop takes on a whole new meaning as you arrive at the San Marcos Outlet Mall. There are more shops and stores than anyone can actually visit on a day trip, but you can sure try! This will be a great time to get a headstart on holiday shopping. We depart at 7 a.m. The cost is \$35 for transportation. Reservations begin Sept. 11 at 9 a.m.

# Old Town Spring Dec. 3 or 10

A visit to Old Town Spring is like taking a trip back in time with the flavor of modern day shopping. Its streets are lined with quaint shops and places to eat. During the holiday season, the streets take on a

Victorian holiday flavor, with decorations, treats and holiday specials. We depart at 9 a.m. Cost is \$10. Lunch not included. Reservations begin Oct.



2 at 9 a.m. — one date per person.

Look for information
about the
senior Monster Mash
Annual Senior
and 9th Annual Senior
Holiday Gala
on Page 6.

# Special Socials

#### **Root Beer Floats**

Sept. 27 — 2 p.m. Join us in the Senior Room for a good old fashioned Root Beer Float Social. All the fixings are provided for an afternoon of fun.

#### **Crafts**

Nov. 18 — 2 p.m.

Enjoy making a special holiday craft project during the afternoon event in the Senior Room. This just might inspire you to continue the craft theme for special holiday gifts. Materials are supplied.

#### **YOGA CLASS**

Mondays — 9 a.m. This free, new ongoing class for seniors, taught by Maya Mehta, includes light stretching, breathing and meditation to awaken the vital energy in the body and relieve stress. Wear comfortable clothing and bring a towel.

Want to know more about activities and events designed just for seniors? Call 281-275-2885 to be placed on the Senior Sweet Notes mailing list.

# Join the fun every day of the week

#### Games & More

Enjoy playing bridge, canasta, shanghai, mah jong, dominoes, pool and more each Monday through Friday from 8 a.m. to 5 p.m. in the Senior Room. If you don't know how to play these games, we'll teach you.

#### **Walking Club**

Join this fun group at the First Colony Mall Food Court every Tuesday and Friday at 8:30 a.m. It's a great way to exercise in a safe, climate controlled environment and meet new friends.

#### **Line Dancing**

Enjoy fellowship, music and a great workout. As a beginner, join us Mondays at 10 a.m. at the Sugar Land Community Center.

Intermediate and advanced dancers meet at 10 a.m. on Thursdays in the Senior Room.

#### **Arts & Crafts**

Whether you are accomplished or just learning new crafts, this group provides fun and interesting items to make. This group meets Thursdays from 1 to 3 p.m.

#### **More Fun**

Along with regular events, there are special days each month in which to participate. Join us for the latest movie releases, bingo, bunco and pot luck lunches. Dates vary from month to month.

# **Adult Classes**

#### Dog Obedience Classes

Do you feel like your dog is training you, instead of you training him? These classes teach the basic commands of sit, stay, to come and to walk on a leash without pulling. Positive reinforcement is used to prevent or solve behavior problems. Puppies must have had their second set of shots. Bring vaccination records to first class. Class size is limited. A minimum of five students must register one week prior to first class. These classes offer a 20 percent discount for seniors on a fixed income.

#### PUPPY PRESCHOOL AND BASIC I

When: Tuesdays, Oct. 19 - Nov. 23,

6:30 to 7:30 p.m.

Sugar Land Community Center

Instructor: Beverly Hebert

16 years to adult Ages:

Fee:

#### **BASIC II**

When: Tuesdays, Oct. 19 - Nov. 23

7:30 to 8:30 p.m. Time:

Where: Sugar Land Community Center

16 years to adult Ages:



#### Fencing

Olympic style fencing — have fun with a great workout. Equipment provided. Five students must register one week prior to first class.

When: Wednesdays, Sept. 8 - Dec. 15

Time: 7 to 8:30 p.m.

Sugar Land Community Center Where: Instructor: Bayou City Fencing Academy

Ages: 10 years to adult \$70 per month Fee:

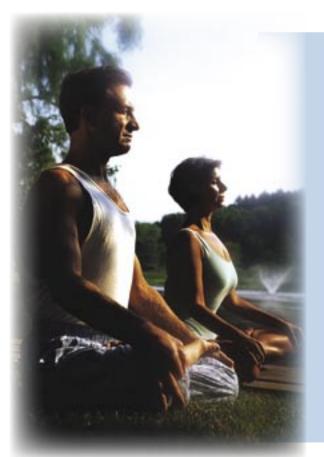
#### **Home School Fencing**

When: Fridays beginning Sept. 10

Time: Noon to 1 p.m.

Where: Sugar Land Community Center Instructor: Bayou City Fencing Academy

10 years to adult Ages: Fee: \$70 per month



#### Yoga

Receive the health benefits of stretching, proper breathing and meditation through the study of yoga. Bring a small towel or yoga mat for this ongoing class. A minimum of five students must register by the first of each month.

When: Tuesdays & Thursdays 5:30 to 6:30 p.m. Time:

Where: Sugar Land Community Center

Instructor: Carmen Davis 16 years to adult Ages:

Fee: \$40 per month if attending twice weekly, \$25 per month if

attending once weekly

#### Tai Chi

If you are searching for a relaxing exercise program, look no further. The fluid movements of Tai Chi are designed to distribute chi throughout the mind and body. This ongoing class must have a minimum of three students registered by the first of each month.

#### **Beginning**

When: Mondays & Wednesdays

Time: 9 to 10 a.m.

or 7 to 8 p.m. (Wednesdays)

Where: Sugar Land Community Center

Instructor: Donna Kish 14 years to adult Ages:

\$7 per morning class, Fee:

\$10 per evening class

#### Intermediate

Mondays & Wednesdays When:

Time: 10 to 11 a.m. Where:

Sugar Land

Community Center

Instructor: Donna Kish 14 years to adult Ages:

Fee: \$7 per class

#### **Line Dancing**

This is a great way to have fun and make new friends. Learn dance steps performed to a variety of music in this ongoing class. A minimum of five students must register by the first of each month.

When: Wednesdays Time: 2 to 4 p.m.

Where: Sugar Land Community Center

Instructor: Bob Bedient Ages: Adult

Fee: \$15 per month

#### Karate

Karate is a sport, self-defense technique and confidence builder. Uniforms can be purchased from the instructor for \$30. A minimum of five students must register one week prior to first class.

When: Tuesdays, Sept. 7 - Nov. 30

Time: 8 to 9 p.m.

Where: Eldridge Community Center

Instructor: Bill Gray

Ages: 13 years to adult Fee: \$35 per 12-week session

#### Jazzercise

Jazzercise combines a great cardiovascular workout with resistance training and stretching that increases your muscle tone, flexibility, balance, strength and endurance using easy-to-follow movements. Babysitting available. For additional information, contact Kristi at 281-437-7157 or visit the

Web site at www.fortbendjazz.com.

When: Monday — 8:15 a.m., 9:30 a.m., 4:30 p.m.

and 5:40 p.m. Tuesday — 5:40 p.m.

Wednesday — 8:15 a.m. (step), 9:30 a.m.,

4:30 p.m. and 5:40 p.m. (junior) Thursday — 9:30 a.m. and 5:40 p.m. Friday — 8:15 a.m., 9:30 a.m. (step), 4:30 p.m. (junior) and 5:40 p.m. Saturday — 8 a.m. (step) and 9 a.m.



matters

These highly popular financial classes **for adults only**, taught by Eva Zubel, require a minimum of five students registering one week prior to first class.

#### **Financial Planning**

Financial woes got you down? This class helps get your financial life back on track. Learn ways to save money, invest wisely and be debt

free.

When: Sept. 15 Time: 7 to 8:30 p.m.

Where: Eldridge Park Community Center

Fee: \$15

#### **College Funding**

Invest with your child's future in mind. How much should be saved for college? Where is the best place to invest it? Are there ways to reduce taxes on college funds? Learn about various college funding techniques to get you and your child ready for the future.

When: Sept. 23 Time: 7 to 8:30 p.m.

Where: Sugar Land Community Center

Fee: \$15

#### **Estate Planning**

Get your estate in order so you can stop worrying about the future. Minimize taxes and maximize flexibility to keep the family financially secure.

When: Sept. 29 Time: 7 to 8:30 p.m.

Where: Eldridge Park Community Center

Fee: \$15

#### **Income Investing**

How are your retirement funds invested? How much risk are you taking? Have you saved enough? Are you getting the most out of your employer's benefits? This class covers these topics and more regarding your financial future. This class is designed especially for seniors. Light refreshments served.

When: Oct. 6 Time: 1:30 to 3 p.m.

Where: City Hall Annex Building

Fee: \$15

#### **Retirement Planning**

How much should you save for retirement? What are the best investments for retirement money? How do you reduce taxes both now and in retirement? These questions and more will be addressed.

When: Oct. 9

Time: 10 to 11:30 a.m.

Where: Eldridge Park Community Center

ee: \$15



#### **Social Ballroom Dance Lessons**

Learn the basic steps and techniques for three of the most popular ballroom dances.

When: Fridays, Sept. 3 - 24

7 to 8 p.m. Time:

Where: Lost Creek Community Center

Instructor: Larry Sepulvado

\$50 per couple; \$30 per single

#### **Swing Dance Lessons**

This class is an overview of the popular swing

dances.

Fridays, Oct. 1 - 22 When:

Time: 7 to 8 p.m.

Where: Lost Creek Community Center

Instructor: Larry Sepulvado

\$50 per couple; \$30 per single

#### **Country & Western Dance Lessons**

Learn basic footwork for classic country dances.

When: Fridays, Nov. 3 - Dec. 3

Time: 7 to 8 p.m.

Where: Lost Creek Community Center

Instructor: Larry Sepulvado

\$50 per couple; \$30 per single

#### **Modern Dance**

Learn concepts and skills involved in modern dance at a beginning to intermediate level. When: Thursdays, ongoing class — no

classes in December

Time: 9:30 to 10:30 a.m. Where: Aquatic Center Instructor: Linda Gomez Fee: \$48 per month

#### Cardio Jazz

This is a fun, easy-to-follow workout for the beginning to intermediate level.

When: Tuesdays, ongoing class — no

classes in December 9:30 to 10:30 a.m. Time: Where: Aquatic Center

Instructor: Linda Gomez Fee: \$48 per month

#### **Pilates**

This Pilates-based exercise class strengthens and lengthens the muscles and improves balance, strength and flexibility. Modifications offered to accommodate all fitness levels.

When: Saturday, Sept. 11 - Oct. 9

Time: 6 to 7 p.m.

Where: Heritage Colony Clubhouse

Instructor: Carmen Davis

\$25 Fee:

When: Tuesdays & Thursdays,

Sept. 14 - Oct. 7

Time: 8:30 to 9:30 a.m.

Where: Heritage Colony Clubhouse

Instructor: Carmen Davis

Fee: \$40

#### **Golf Lessons**

Time:

Taught by golf pro Jim Murphy, these lessons cover all aspects of the golf swing - grip, swing and posture.

When: Saturdays, Sept. 4 - 18; Oct. 2 - 16 or

> Nov. 6 - 20 3 to 4 p.m.

Where: Training Station Instructor: Jim Murphy Fee: \$85 per session

#### **Instant Piano for Busy People**

In just a few hours, learn enough to provide

years of musical enjoyment. When: Saturday, Nov. 6 Time: 9 a.m. to noon Aquatic Center Where: Instructor: Craig Coffman Fee: \$55

Fast, Easy Twist on Walls

Learn shortcuts and secrets of faux painting.

Come dressed to paint. When: Saturday, Nov. 6 Time: 9 to 11:30 a.m. Where: Aquatic Center Instructor: Linda Coffman

\$55 plus \$27 material fee payable to Fee:

instructor at class

#### **Stained Glass**

This course introduces the basics of stained glass crafting. Learn to create a window panel from planning to assembling to mounting.

Thursdays, Sept. 2 - Oct. 7 When:

Time: 7 to 8:30 p.m. Where: Aquatic Center Instructor: Sharnha Rodriguez Fee: \$90 plus supplies

#### Watercolor

Learn design elements, principles, color theories, textures and salt techniques. Previous experience

required.

When: Thursdays, Sept. 9 - Oct. 14

Time: 9 a.m. to noon

Where: Sugar Land Community Center

Instructor: Margaret Su Fee: \$100 plus supplies

#### **Power of Duende**

Explore the poetry of one of Spain's greatest writers, Federico Garcia Lorca. Workshop in-

cludes writing exercises. When: Saturday, Oct. 2 Time: 1 to 2:30 p.m.

Where: Heritage Colony Clubhouse

Instructor: Tina Tate \$75 Fee:





#### **Adult Spanish Classes**

Learn to speak Spanish or touch up.

Beginner, Tuesdays, Sept. 14 - Nov. 2 When:

Intermediate, Thursdays, Sept. 9

- Oct. 28

Advanced, Mondays, Sept. 13 - Nov. 1

7 to 8 p.m. Time: Where: Aquatic Center Instructor: Virginia Davis \$55 per session

#### Palm Organizer/PDA

Explore the multiple uses of a personal digital

assistant. Bring your PDA.

When: Tuesday, Sept. 21 or Nov. 16

Time: 9 a.m. to noon Where: Aquatic Center Instructor: Darshi Shah \$45 per session

#### **Speak with Confidence**

Learn to organize thoughts, modulate voice and deliver a speech that leaves an impact. Thursday

classes are for non-native speakers. Thursdays, Sept. 2 - Oct. 7;

> Fridays, Sept. 3 - Oct. 8: Wednesdays, Nov. 3 - Dec. 15 or Thursdays, Nov. 4 - Dec. 16

Time: 11:30 a.m. to 1 p.m. Where: Heritage Colony Clubhouse

Instructor: Tina Tate Fee: \$100 per session

#### **ADHD Workshop for Families**

Is someone you love hyperactive or too distracted? There are answers.

Saturday, Sept. 18 When: Time: 1 to 2:30 p.m.

Where: Heritage Colony Clubhouse

Instructor: Tina Tate \$75

#### **Beginning Shorthand**

Take notes efficiently and quickly when you learn shorthand. Learn the theory and put your knowledge into practice with class drills.

When: Mondays & Wednesdays,

Sept. 13 - Oct. 13

Time: 6 to 7 p.m.

Where: Heritage Colony Clubhouse

Instructor: Marie Brown

Fee: \$90 plus \$18 textbook payable

to instructor at class.

#### **CPR Certification**

In this one-day class, learn to breathe for someone, give CPR and perform choking procedures.

When: Saturday, Sept. 25, Oct. 23

or Dec. 4 9 a.m. to noon Aquatic Center

Time: Where: Instructor: Gail Gould \$35 per session



#### **BALLET/FLAMENCO**

This ongoing combination class highlights techniques and terminology of both ballet and flamenco dance. A minimum of three students must register by the first of each month.

BEGINNER

When: Mondays

Time: 4:15 to 5:15 p.m.

Where: Lost Creek Community Center

Instructor: Yvonne Robertson Ages: 4 years and older Fee: \$35 per month INTERMEDIATE

When: Mondays

Time: 5:20 to 6:40 p.m.

Where: Lost Creek Community Center

Instructor: Yvonne Robertson

Ages: 5 years and older with 1 to 2

years in ballet or flamenco

Fee: \$45 per month

INTERMEDIATE II

When: Mondays

Time: 6:45 to 8:05 p.m.

Where: Lost Creek Community Center

Instructor: Yvonne Robertson

Ages: 10 years and older

Fee: \$45 per month

# Just for kids



#### **FENCING**

Join us for Olympic style fencing. Have fun while getting a great workout. All equipment provided. A minimum of five students must register one week prior to first class.

When: Wednesdays, Sept. 8 - Dec. 15

Time: 7 to 8:30 p.m.

Where: Sugar Land Community Center Instructor: Bayou City Fencing Academy

Ages: 10 years to adult Fee: \$70 per month

#### **HOME SCHOOL FENCING**

When: Fridays beginning Sept 10

Time: Noon to 1 p.m

Where: Sugar Land Community Center Instructor: Bayou City Fencing Academy

Ages: 10 years to adult Fee: \$70 per month

#### **KARATE**

Karate is a sport, self-defense technique and confidence builder. Uniforms can be purchased from the instructor for \$30. A minimum of five students must register one week prior to first class.

#### **BEGINNER**

When: Tuesdays, Sept. 7 - Nov. 30

Time: 6 to 7 p.m.

Where: Eldridge Community Center

Instructor: Bill Gray Ages: 5 to 12 years

Fee: \$35 per 12-week session

#### **ADVANCED**

When: Tuesdays, Sept. 7 - Nov. 30

Time: 7 to 8 p.m.

Where: Eldridge Community Center

Instructor: Bill Gray Ages: 5 to 12 years

Fee: \$35 per 12-week session

#### **Dog Obedience Classes**

Do you feel like your dog is training you, instead of you training him? These classes teach you and your dog the basic commands of sit, stay, to come when called and to walk on a leash without pulling. Positive reinforcement is used to prevent or solve behavior problems. Puppies must have had their second set of shots. Bring the dog's vaccination records to the first class. Class size is limited to eight. A minimum of five students must register one week prior to first class.

#### PUPPY PRESCHOOL AND BASIC I BASIC II

When: Tuesdays, Oct. 19 - Nov. 23, When: Tuesdays, Oct. 19 - Nov. 23

6:30 to 7:30 p.m. Time: 7:30 to 8:30 p.m.

Where: Sugar Land Community Center Where: Sugar Land Community Center

Instructor: Beverly Hebert Ages: 16 years to adult

Ages: 16 years to adult Fee: \$85

Fee: \$85

#### Karate

Karate is a sport, self-defense technique and confidence builder. Uniforms can be purchased from the instructor for \$30. A minimum of five students must register one week prior to first class.

When: Tuesdays, Sept. 7 - Nov. 30

Time: 8 to 9 p.m.

Where: Eldridge Community Center

Instructor: Bill Gray

Ages: 13 years to adult Fee: \$35 per 12-week session

#### Tai Chi

If you are looking for a relaxing exercise program, look no further. The fluid movements of Tai Chi are designed to distribute chi throughout the mind and body. This ongoing class must have a minimum of three students registered by the first of each month.

#### Beginning

When: Wednesdays Time: 7 to 8 p.m.

Where: Sugar Land Community Center

Instructor: Donna Kish
Ages: 14 years to adult
Fee: \$10 per class

#### Yoga

Receive the health benefits of stretching, proper breathing and meditation through the study of yoga. Bring a small towel or yoga mat for this ongoing class. A minimum of five students must register by the first of each month.

When: Tuesdays & Thursdays Time: 5:30 to 6:30 p.m.

Where: Sugar Land Community Center

Instructor: Carmen Davis Ages: 16 years to adult

Fee: \$40 per month if attending twice weekly, \$25 per

month if attending once weekly

# For registration information, see Page 2.

# YOUTH SPORTS LEAGUE INFO

#### First Colony Youth Basketball Association

Registration is being held Sept. 4 from 11:30 a.m. to 3 p.m.; Sept. 5 from 8:30 a.m. to noon and Sept. 11 from 11:30 a.m. to 3 p.m. at the First Colony Conference Center. Call 281-587-5365

www.fcyba.com

#### Greater Sugar Land Pony & Colt Baseball

Registration for boys ages 13 and 14 years is being held through Sept. 17. Call 281-265-0570 www.eteamz.com/gslpci

#### Fun Fair Positive Soccer

Register boys and girls ages 4 to 18 years on the Internet through Sept. 12. Call 281-347-0021 www.ffps.org

#### **Novice Junior Tennis Players**

Four-week sessions are being conducted beginning Sept. 11 and Oct. 16. They are held at First Colony Middle School on Saturdays from noon to 1:30 p.m. Fee is \$40 per session. Call Chuck Sanchelli at 281-980-4219 or e-mail fbts@pdq.net for information or to register.

#### USA Junior Team Tennis League

For intermediate and advanced tennis players ranging in age from 9 to 18 years. Held on Saturdays from 1:30 to 4 p.m. at various parks locations. Play begins mid-September. Players must be U.S. Tennis Association members, which is \$15 and payable at registration. For information or to register, call Chuck Sanchelli at 281-980-4219 or e-mail fbts@pdq.net.

#### Sugar Land Sharks Swim Team

Call 281-491-8518 www.sugarlandsharks.org

#### Sugar Land Cowboy Football

Call 281-224-7014 www.sugarlandcowboys.org

#### Sugar Land Girls Softball

Call 281-494-1085 www.slgsa.org

#### Sugar Land Soccer

Call 281-265-4010 www.sugarlandsoccer.org

#### First Colony Soccer

Call 281-265-0569 www.firstcolonysoccer.com

#### Fort Bend Adult Soccer

Call 281-265-0594 www.fbasa.com

#### Sugar Land Little League

Contact webmaster@slll.org www.slll.org

### FCCA CHILDREN'S CLASSES

#### American Style Karate

An excellent class for developing self confidence along with learning self defense. Try the first class free.

When: Tuesdays, Sept. 7 - Nov. 30 Time: Beginner, 6:30 to 7:30 p.m.,

Ages 5 - 12

Advance Juniors, 7:30 to 8:30 p.m., Ages 5 - 12

8:30 to 9:30 p.m., Teens, 13

and older

Where: Lost Creek Community Center

Instructor: Bill Gray

\$35 plus \$30 uniform fee Fee: payable first day of class.

When: Wednesdays, Sept. 8 - Dec. 1 Beginner Juniors, 6 to 7 p.m., Time:

Ages 5 - 12

Advance Juniors, 7 to 9 p.m.,

Ages 5 - 12

8 to 9 p.m., 13 years and older

Where: Sugar Land Community Center

Instructor: Bill Gray

Fee: \$35 plus \$30 uniform fee

payable first day of class.

#### **Gymnastics**

Bar, beam, vault, tumbling and fun are included in this beginning gymnastics class. Mondays, monthly ongoing

Time: 5:45 to 6:30 p.m. Where: Aquatic Center 3 - 5 years Ages: Instructor: Ryan Lee \$40 per month Fee:

#### **Tumbling**

Learn tumbling techniques along with the benefits of muscle development and motor skills, all in a fun environment.

Mondays, ongoing monthly When:

Time: 6:30 to 7:15 p.m. Aquatic Center Where: 6 - 12 years Ages: Instructor: Ryan Lee \$40 per month Fee:

#### Tap, Ballet & Jazz

Learn the techniques of tap, ballet and jazz.

When:

5:30 to 6:15 p.m., Ages 6 - 12 6:15 to 7 p.m., Ages 3 - 5

Wednesdays

5:30 to 6:15 p.m., Ages 3 - 5 6:15 to 7 p.m., Ages 6 – 9 7 to 7:45 p.m., Ages 10 & older

Where: Aquatic Center Instructor: Kim Goodwin \$40 per month

#### **Beginning Guitar**

Learn to play songs with applied music theory. Participants provide guitar; other materials included.

When: Mondays, Sept. 13 - 18

or Nov. 1 - Dec. 13

Time: 5 to 6 p.m. Where: Aquatic Center Instructor: Peter Wang \$75 per session Fee:

#### **Kindermusik**

Time:

Witness your child's development in language skills, literacy, listening, problem solving, social skills, self-esteem and musicality.

OUR TIME: Milk and Cookies

When: Tuesdays or Wednesdays,

> Sept. 7 - Dec. 15 10 to 10:50 a.m.

Where: Heritage Colony Clubhouse

Ages: 18 months to 3 years, with parent/caregiver

Instructor: Phyllis Faulkner

\$165 plus \$50 material fee Fee:

#### IMAGINE THAT!: Hello Weather

When: Wednesdays, Sept. 8 - Dec. 15

Time: 2:10 to 3 p.m. or

3:20 to 4:10 p.m.

Where: Heritage Colony Clubhouse Ages: 3 - 4 years, with parent/

caregiver for last 10 minutes

Instructor: Phyllis Faulkner

Fee: \$165 plus \$59 material fee

#### YOUNG CHILD: Semester 1

When: Wednesdays, Sept. 8 - Dec. 15

Time: 4:30 to 5:30 p.m.

Heritage Colony Clubhouse Where:

5 - 7 years Ages: Instructor: Phyllis Faulkner

Fee: \$165 plus \$70 material fee

#### **Getting Ready for Kindergarten**

Stories, games and activities prepare children for school.

Tuesdays, Sept. 7 - Nov. 30 When:

Time: 11 a.m. to noon Aquatic Center Where: Instructor: Merry Makers

\$75 plus \$10 supply fee payable

to instructor

#### **Snakes Alive!**

Have fun learning about snake habitats, characteristics and snake watching. Children see, touch and hold live snakes. When: Oct. 15, school holiday

Time: 9 a.m. to 3 p.m. Where: Aquatic Center Ages: 5 to 12 years

Instructor: Mr. Clint "The Snake Man" \$40, bring a sack lunch

#### **Spanish Club for Kids**

Classes include weekly thematic adventures. Children absorb Spanish through interactive games, arts and crafts, drama,

singing and cooking projects.

When: Tuesdays, Ongoing monthly Time: 5:30 to 6:15 p.m., Grades K - 2 6:15 to 7 p.m., Grades 3 - 5

Fridays

10:45 to 11:30 a.m., Ages 3 - 4

Aquatic Center Where: Instructor: Adriana Gutierrez \$40 per month Fee:

#### **ADHD Workshop: Successful Strategies** for Families

Someone you love is hyperactive or too distracted. Don't fret. There are answers. We explore approaches and choices in this interactive class.

When: Saturday, Sept. 18 Time: 1 to 2:30 p.m.

Where: Heritage Colony Clubhouse

Instructor: Tina Tate Fee: \$75

#### **Red Cross Babysitting**

Gain information on child development, activities for children, handling emergencies, diapering and more. Bring drink, snack,

sack lunch and baby doll. When: Saturday, Oct. 2 or Dec. 4

Time: 9 a.m. to 4 p.m. Aquatic Center Where: 11 - 14 years Ages:

Instructor: Avant Garde Aquatics

\$30 per session plus \$11 hand-Fee:

book on first day of class.

#### **Mad Science Class**

Spark learning. Explore science by conducting experiments and science activities.

When: Tuesdays, Sept. 7 - Oct. 26 or

Nov. 2 - Dec. 14

4 to 5 p.m. Time: Where: **Aquatic Center** Grades 5 - 10 Ages:

Instructor: Mad Science of Houston Fee:

\$105 for 1st session, \$80 for

second session

#### **Schoolhouse Chess Class**

Class covers rules, strategies and tactics. When: Tuesdays, Sept. 7 - Oct. 19

or Oct. 26 - Dec. 14

Time: 4 to 5 p.m. Where: **Aquatics Center** Ages: 7 - 10 years

Instructor: Mad Science of Houston

\$93



City of Sugar Land Parks & Recreation Department 200 Matlage Way Sugar Land, Texas 77478

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